



**PROCLEAN 5110 RETRO BLUE**

**PROCLEAN 5110 RETRO GREEN**

**PROCLEAN 5110 RETRO YELLOW**

**PROCLEAN 5110 RETRO BEIGE**

**PROCLEAN 5110 RETRO RED**

Microondas digital con grill / Digital microwave with grill



Manual de instrucciones  
Instruction manual  
Manuel d'instructions  
Bedienungsanleitung  
Manuale di istruzioni  
Manual de instruções  
Handleiding  
Instrukcja obsługi  
Návod k použití

## 1. PARTS AND COMPONENTS

FIG. 1

1. Door Lock

The microwave door must be properly closed in order to operate.

2. Display window

Window that allows the user to see the cooking status.

3. Turntable ring

The glass turntable settles on its wheels. The ring supports the turntable and helps to balance it when turning.

4. Rotating shaft

The glass turntable settles on the shaft; the motor underneath drives the turntable to rotate.

5. Turntable

The food settles on the turntable, its rotation during operation helps to cook food evenly.

Place the rotating ring first. Fit the turntable onto the rotating shaft and make sure that it is properly engaged.

6. Control panel

See details below (control panel is subject to change without notice).

7. Grill

It is used to place the food to be grilled.

8. Waveguide cover

It is inside the microwave, next to the control panel wall.

Do not remove the waveguide cover.

FIG. 2

1. Display

2. Power button

3. Defrost

4. Pause/Cancel button

5. Grill/Combi

6. Presetting/clock

7. Beginning

8. Self-cooking

9. Time/weight

10. Self-cooking/Time-Weight Selector

NOTE:

The graphics in this manual are schematic representations and may not exactly match the device.

## 2. BEFORE USE

- This device is packaged in a way as to protect it during transport. Take the device out of its box and remove all packaging materials. You can keep the original box and other packaging elements in a safe place. This will help you prevent damage to the device when transporting it in the future. In case the original packaging is disposed of, make sure all packaging materials are recycled accordingly.
- Make sure all parts and components are included and in good conditions. If there is any piece missing or in bad conditions, contact the official Cecotec Technical Support Service immediately.

## 3. OPERATION

### Before cooking

The LED flashes 3 times when plugged into the mains. The ":" symbol then flashes on the display, prompting you to enter the cooking menu and time.

### Self-cooking / Time-Weight Selector

You can increase or decrease the cooking time, weight or select the automatic cooking menu during operation by turning the selector.

### Pause/Cancel

In the initial or entry stage: press once to cancel the entry programmes and resume the initial stage.

During cooking: press once to stop microwave operation, press twice to cancel cooking programmes.

### Auto reminder

When the preset cooking procedure has been completed, the display will show "END" and three beeps will sound to prompt you to remove the food. If you do not press the Pause/Cancel button once or do not open the door, a beep will sound at an interval of 3 minutes.

### Instant cooking

In the standby state, press the Start button, the microwave will start cooking at high power; the default cooking time of the system is 1 minute. You can increase or decrease the cooking time by turning the knob.

Note: The instant cooking function applies to one of the following situations:

- a. Activate the instant cooking function in 2 minutes when the microwave door is closed.

- b. Activate the instant cooking function within 2 minutes by pressing Pause/Cancel.
- c. Activate the instant cooking function within 2 minutes of the end of the pre-set cooking programme.

### Clock settings

The Clock button allows you to enter the current time, when the ":" symbol flashes on the display after plugging it in.

Example: set at 12:30		
	Steps	Symbol
1	After switching on, the : flash	:
2	Press the Pre-setting/Clock button once.	00:00
3	Turn the Self-cooking/Time-Weight selector to set the exact hours.	12:00
4	Press the Pre-setting/Clock button again.	12:00
5	Turn the Self-cooking/Time-Weight selector to set the exact minutes.	12:30
6	Press the Presetting/Clock button again or wait 5 seconds, and the numbers will be fixed.	

### Microwave cooking

Use this function in order to cook or heat food. Press the power button, the display will show 100P-80P-60P - 40P- 20P.

High power	100% microwave power. Applicable for fast and thorough cooking.
Medium-high power	80% microwave power. Applicable for medium express cooking.
Medium power	60% microwave power. For steam cooking.
Medium-low power	40% microwave power. Applicable for defrosting food.
Low power	20% microwave power. Applicable for heat preservation.

ENGLISH

- a. The maximum programmable time is 60 minutes.
- b. Never run the microwave at idle.
- c. When the microwave is operating at full power, power will automatically decrease after a while to extend lifespan.
- d. If you turn the food during operation, press the Start button once, and the preset cooking procedure will continue.
- e. If you intend to remove the food before the preset time, you must press the Pause/Cancel button once to clear the preset procedure and prevent unintended operation of the next use.

Example: to cook at P80 for 10 minutes.		
	Steps	Symbol
1	After switching on, the : flash	:
2	Select the desired microwave power by pressing the power button consecutively.	P80
3	Turn the Self-Cooking/Time/Weight selector to set the cooking time.	10:00
4	Press the Start button to start and the display will show the running time.	

Grill or Grill/Microwave combination

This function is used for grilling food, press this button. The display will show G-C1-C2.

G	Grill: the heating element will be hot during operating time. It is used to grill thin meat or pork, sausage or chicken wings.
C.1	Combination of grill and microwave. 30% of microwave time and 70% of grill time.
C.2	Combination of grill and microwave. 55% of microwave time and 45% of grill time.

Note: In grill mode, all parts of the microwave may become very hot, including the rack and containers. Be careful when removing any objects from the microwave. To avoid burns, use thick cloths or oven mitts. Please note that the introduction of non-heat resistant containers may damage those containers.

Example: for grilling food with cooking menu C.2 for 10 minutes.		
	Steps	Symbol

1	After switching on, the : flash	:
2	Press the Combi/Grill button to select the grill mode.	C.2
3	Turn the Self-Cooking/Time-Weight selector to set the cooking time.	10:00
4	Press the Start button to start cooking.	

**Defrost**

This function is used for defrosting food. Press the Defrost button and the display will cycle through d.1-d.2-d.3.

d.1	For defrosting meat, the weight ranges from 0.1 to 2.0 kg.
d.2	For defrosting poultry meat, the weight ranges from 0.2 to 3.0 kg.
d.3	For defrosting fish, the weight ranges from 0.1 to 0.9 kg.

- a. It is necessary to turn the food over during operation to obtain a uniform effect.
- b. Defrosting normally takes longer than cooking food.
- c. If the food can be cut by knife, the defrosting process is complete.
- d. Microwaves penetrate about 4 cm into most foods.
- e. Defrosted food should be consumed as soon as possible. It is not advisable to put it back in the refrigerator or to refreeze it.

Example: for defrosting 0,4 kg of poultry meat		
	Steps	Symbol
1	After switching on, the : flash	:
2	Press the Defrost button to select the type of food.	d.2
3	Adjust the amount of food by turning the Self-Cooking/Time-Weight selector.	0.4
4	Press the Start button to start defrosting.	

**ENGLISH**

5	During defrosting, two beeps will sound to prompt you to turn the food over. Open the door and turn the food over. Close the door. Next, press the Start/Pause button again to continue defrosting.	
---	---	--

**Auto-cooking**

- The microwave has a pre-set cooking menu for easy operation. When the display flashes ;, turn the selector to self-cooking, the display will change to show A.1, A.2. A.8
- Choose the appropriate menu according to the type and weight of the food and strictly follow the instructions in the table below. Otherwise, the cooking effect will be greatly affected.

Symbol	Type	Method
A.1	Popcorn	Suitable for making a bag of corn with a weight of 85g. If the popcorn opening speed has been reduced to 1x for 1-2 seconds, you must press Pause / Cancel to stop the opening process.
A.2	Popcorn	Same as A.1 but the weight is 100 g.
A.3	Pizza	Heat a refrigerated pizza slice of 0.15 kg.
A.4	Drinks	Heat a 250 ml glass of liquid. The liquid temperature is about 5-10 °C. Use a glass and do not cover it.
A.5	Drinks	Heat a 500 ml glass of liquid. The liquid temperature is about 5-10 °C. Use a glass and do not cover it.
A.6	Potato	Boil the potato strips, cut into 5 mm width, height and length. The total weight is about 0.45 kg. Place the strips in a large bowl and cover the bowl with a thin film to prevent water loss.
A.7	Potato	Same as A.6 except that the weight of the potato strips is about 0.65 kg.
A.8	Fish	Perfect steaming 0.45 kg of fish. After washing the fish and removing the scales, cut a slit in the skin of the fish and place it in a shallow dish of 22-27-cm diameter, covering it with a thin film to prevent water loss. After cooking, leave to stand for 2 minutes.



## ENGLISH

- a. The temperature of the food before cooking would be 20-25 °C. A higher or lower temperature of the food before cooking would require an increase or decrease of the cooking time.
- b. The temperature, weight, and shape of the food will strongly influence the microwave effect on the cooking process. If any deviation from the factor indicated in the above menu is detected, you can adjust the cooking time to obtain the best result.

Example: Steaming 0.45 kg of fish		
	Steps	Symbol
1	After switching on, the : flash	:
2	Turn the Self-Cooking/Time-Weight selector to set the cooking time.	A.8
3	Start cooking by pressing the Start button. The LED will count down to show the operating time.	

### Delayed start

- If you do not want the menu to start immediately, you can preset the menu and cooking time and the preset menu will start automatically at the set time. The adjustment will consist of 2 steps:
- Setting the current clock.
- Setting the menu and cooking time.
- Example: now it is 12:30 on the clock. If you want the microwave to start cooking automatically with a microwave power of 100P for 9 minutes and 30 seconds at 14:20.

Example: now it is 12:30 on the clock. If you want the microwave to start cooking automatically with a microwave power of 100P for 9 minutes and 30 seconds at 14:20.		
	Steps	Symbol
1	After switching on, the : flash	:
1.1	Press the Pre-setting/Clock button.	00:00
1.2	Set the hours by turning the Self-cooking/Time-Weight selector.	12:00
1.3	Press the Presetting/Clock button again to confirm the hours.	12:00

1.4	Set the minutes by turning the Self-cooking/Time-Weight selector.	12:30
1.5	Press the Presetting/Clock button again or wait 5 seconds, and the numbers will be fixed.	12:30
2	Setting the menu and cooking time.	
2.1	Select the desired microwave power by pressing the power button consecutively.	100 P
2.2	Turn the Self-cooking/Time-Weight selector to set the cooking time.	9:30
2.3	Press and hold the Presetting/Clock button for 3 seconds to return to the current clock.	
3	Set the time you expect to start. Repeat the steps of 1.2, 1.3, 1.4.	14:20
4	Press the Presetting/Clock button to confirm the delayed menu. The programme is activated. The menu will start at 14:20.	
5	You can check the preset start time by pressing the Pre-setting/Clock button.	

### Multi-sequence cooking

For best cooking results, some recipes require a different cooking mode and time. You can programme your personalised menu as follows:

Example: You want to microwave food with 100P for 3 minutes and then 20P for 9 minutes. It is the configuration of 2 sequences.		
	Steps	Symbol
1	100P microwave for 3min	
1.1	Select the desired microwave power by pressing the power button consecutively.	100 P

ENGLISH

1.2	Turn the Self-cooking/Time-Weight selector to set the cooking time.	3:00
2	20P for 9 minutes.	
2.1	Select the desired microwave power by pressing the power button consecutively.	20P
2.2	Select the desired microwave power by pressing the power button consecutively.	9:00
3	Start cooking by pressing Start.	

- a. When cooking in 100P mode is finished, the microwave will start the next operation automatically.
- b. A maximum of 4 sequences can be set at a time. Repeat the steps explained in the example above.

Child lock function

Use this function to lock the control panel when cleaning or to prevent children from using the microwave without supervision. All buttons are inoperative in this mode.

- 1. Activating the child lock: Hold down the Start/Pause button for 3 seconds.
- 2. Deactivate the lock: Hold down the Start/Pause button for 3 seconds.

4. UTENSILS GUIDE

It is strongly recommended to use suitable and safe containers for microwave cooking. In general, heat-resistant ceramic, glass or plastic containers are suitable for microwave cooking. Never use metal containers for microwave and combination cooking, as sparks are likely to occur. Please, refer to the following table.

Container material	Microwave	Grill	Combi	Notes
Heatproof ceramics	Yes	Yes	Yes	Never use ceramics decorated with metallic or glazed edges.
Heatproof plastic	Yes	No	No	Not suitable for prolonged cooking in microwave.

Heatproof glass	Yes	Yes	Yes	
Plastic film	Yes	No	No	It should not be used for cooking meat or chops, as excessive heat can damage the film.
Grill	No	Yes	Yes	The grill grid can only be used in grill and combination modes.
Metal container	No	No	No	Not to be used in the microwave. Microwaves cannot penetrate through metal.
Lacquered	No	No	No	Poor heat-resistance. Not suitable for high temperature cooking.
Bamboo or paper	No	No	No	Poor heat-resistance. Not suitable for high temperature cooking.

## 5. CLEANING AND MAINTENANCE

The microwave should be cleaned regularly, and any food remainder removed.

- a. Unplug the appliance and allow it to cool down before cleaning. Never immerse the device in water or other liquids.
- b. Failure to maintain the microwave in a clean condition could lead to deterioration of the surface that could adversely affect the lifespan of the appliance and possibly result in hazards.
- c. Never use strong detergent, petrol, abrasive powder or metal brush to clean any part of the appliance.
- d. Do not remove the mica plate cover.
- e. When the product is not in use, it should be placed in dry and ventilated places if possible.
  - Details on how to clean food contact surfaces:
  - After use, wipe the waveguide cover with a damp cloth, followed by a dry cloth to remove any food splashes and grease. Accumulated grease can overheat and start to smoke or catch fire.

### Cleaning tips

- Details for cleaning of door seals, cavity and adjacent parts.
- Exterior: use a soft, damp cloth to clean the surface of the appliance.
- Door: clean the door and window with a soft damp cloth.
- Clean the door seals and adjacent parts to remove any spills or splashes. Clean the control panel with a soft and slightly damp cloth.
- Inner walls: clean the inner surfaces with a soft, damp cloth.
- Clean the waveguide cover to remove any food splashes.
- Turntable / Turntable ring / Rotating shaft: Wash with mild soapy water.
- Rinse with clean water and allow to dry thoroughly.

## 6. TECHNICAL SPECIFICATIONS

Product reference: 01711 / 01712 / 01713 / 01714 / 01715

Product: Proclean 5110 Retro Blue/Green/Yellow/Beige/Red

Power inlet: 1150 W

Power output: 700 W

Grill power: 800 W

Voltage: 230 V

Frequency: 50 Hz

Microwave frequency: 2450 MHz

Technical specifications may change without prior notification to improve product quality.

Made in China | Designed in Spain

## 7. DISPOSAL OF OLD ELECTRICAL AND ELECTRONIC APPLIANCES



This symbol indicates that, according to the applicable regulations, the product and/or batteries must be disposed of separately from household waste. When this product reaches the end of its shelf life, you should dispose of the cells/batteries/accumulators and take them to a collection point designated by the local authorities.

Consumers must contact their local authorities or retailer for information concerning the correct disposal of old appliances and/or their batteries. Compliance with the above guidelines will help protecting the environment.

## 8. TECHNICAL SUPPORT AND WARRANTY

Cecotec shall be liable to the end user or consumer for any lack of conformity that exists at the time of delivery of the product under the terms, conditions, and deadlines established by the applicable regulations.

It is recommended that repairs be carried out by qualified personnel.

If at any moment you detect any problem with your product or have any doubt, do not hesitate to contact the official Cecotec Technical Support Service at +34 963 210 728.

## 9. COPYRIGHT

The intellectual property rights over the texts in this manual belong to CECOTEC INNOVACIONES, S.L. All rights reserved. The contents of this publication may not, in whole or in part, be reproduced, stored in a retrieval system, transmitted, or distributed by any means (electronic, mechanical, photocopying, recording or similar) without the prior authorization of CECOTEC INNOVACIONES, S.L.

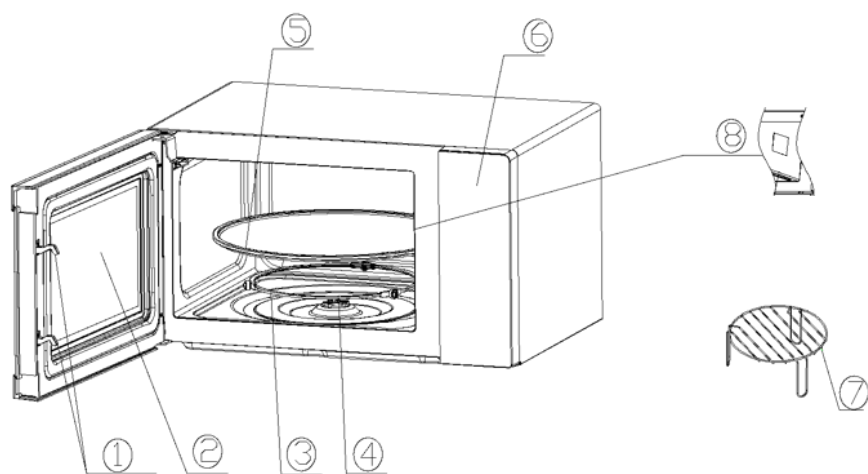


Fig./Img./Abb./Afb./ Rys. 1

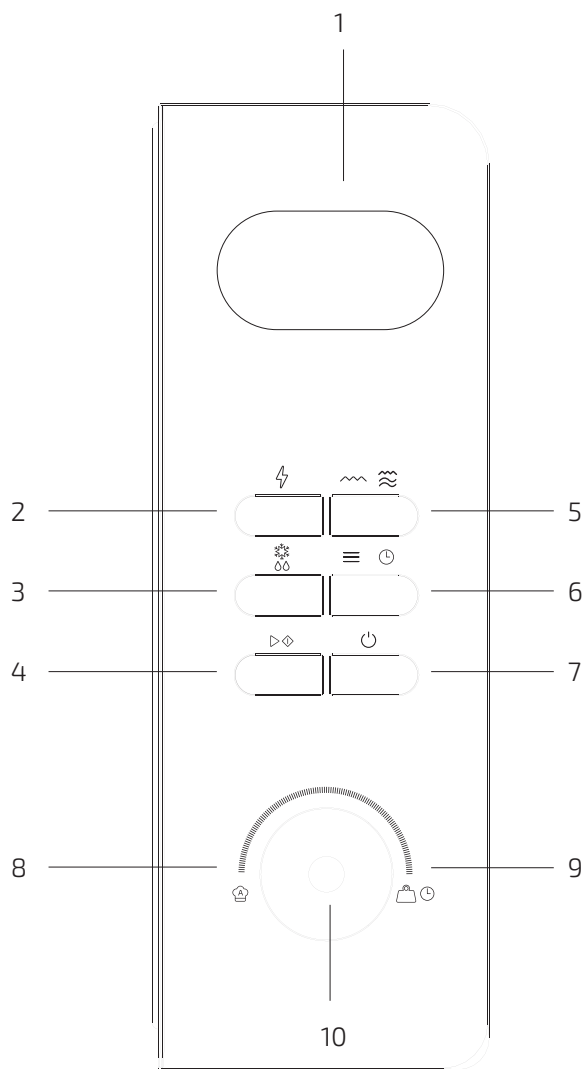


Fig./Img./Abb./Afb./ Rys. 2



[www.cecotec.es](http://www.cecotec.es)

Cecotec Innovaciones S.L.  
Av. Reyes Católicos, 60  
46910, Alfafar (Valencia), Spain  
SF01230615